

Panasonic®

Operating Instructions

使用說明書

(Household) Massage Lounger

(家用) 電動按摩椅

Model No. EP-MA05
型號

English	EN2
繁體中文	TC2



Thank you for purchasing this Panasonic product.

Before operating this unit, please read these instructions completely and save them for future use.

感謝您購買本Panasonic產品。

使用本產品之前，請仔細閱讀本說明書，並妥善保存以供未來使用。



EN2

Contents

Before using the product

- Safety Precautions EN4
- Part names and functions of main unit EN10
- Settings..... EN11

How to use

- Before each massage (check the unit)..... EN13
- Select menu and start massage EN15
- "Auto" massage course EN16
- "Manual" massage course EN17
- Set up according to your favorite action ... EN18
- After completing the massage EN19

Maintenance

- Cleaning and maintenance EN20

Q&A

- Q&A EN21
- Troubleshooting EN22
- Sounds and sensations of the unit EN23
- Specifications EN24



The illustrations used in the instructions may be slightly different from the actual unit, and the pictures are for reference only.

Safety Precautions Always follow these instructions

This section contains instructions that you must follow to prevent personal injury or damage to property.

- The instructions are classified according to the level of injury or damage that may occur due to the mistaken use of this unit.

Please ensure that you read all instructions before using the Household Massage Lounger.

 WARNING	Denotes a potential hazard that could result in serious injury or death.
 CAUTION	Denotes a hazard that could result in minor injury or property damage.

- Instructions that you must follow are indicated using the following symbols.
(The following symbols are examples.)

 Denotes a specific operating procedure that must not be performed.	 Denotes a specific operating procedure that must be performed.
--	--

WARNING

Symptoms



- The following persons should not use this unit:
 - (1) Persons who are prohibited from receiving massages by a physician (e.g.: due to thrombosis, deep vein thrombosis of the lower limbs, pulmonary embolism, severe aneurism, acute varicose veins, phlebitis, any type of dermatitis or skin infection [including inflammation of the hypodermis], etc.)
 - (2) Persons suffering from osteoporosis, spine fracture, sprain or acute pain such as a pulled or torn muscle
 - (3) Persons who have a pacemaker, defibrillator, or other personal medical devices prone to electronic interference
 - (4) Pregnant women and women who have just given birth
 - (5) Persons with symptoms of acute low back pain, herniated disk, spondylolisthesis, spinal stenosis, degenerative lumbar spondylosis
 - (6) Persons who have abnormalities or curvature of the spine
(Otherwise it may worsen symptoms.)
- The following persons should not use the leg massage or lower back/hip massage.
 - (1) Those with symptoms of acute inflammation around the hip area, acute hip pain, piriformis muscle syndrome or sciatic neuralgia
 - (2) Those suffering from osteoarthritis of the hip and bad hip joint
 - (3) Those who feel pain, numbness, lethargy in the hip and legs during use
(Otherwise it may worsen symptoms.)
- This unit is not intended for use by persons (including children) with reduced physical sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the unit by a person responsible for their safety. Children should be supervised to ensure that they do not play with the unit.
(Otherwise it may lead to accident or injury.)

WARNING



- Persons with any of the conditions listed below or who are undergoing medical treatment should consult with their physicians before using the unit.

- (1) Persons who have a malignant tumor
- (2) Persons suffering from heart disease
- (3) Persons who have a loss of heat sensation
- (4) Persons who have sensory abnormalities due to a severe peripheral circulatory disturbance such as diabetes mellitus
- (5) Persons undergoing anticoagulation therapy
- (6) Persons who have a wound where the massager operates
- (7) Persons whose body temperature is over 38 °C (who have a fever)
(E.g.: When a person has acute inflammation symptoms (fatigued, chills, blood pressure fluctuations, etc.) or when debilitated)
- (8) Persons who require bed rest or who are in poor physical shape
- (9) Persons other than those listed above who feel unwell

- If you begin to feel unwell during use or if you do not feel effects of the massage lounger, stop using the unit immediately and consult a physician.

(Otherwise it may lead to accident, injury or become unwell.)

Take note of the following points as well



- Absolutely do not modify. Furthermore, do not attempt to disassemble or repair the unit yourself.
(Otherwise it may lead to fire, or cause the unit to function abnormally resulting in injury.)

Safety Precautions (continued)

WARNING

When in use



- When massaging the neck area, be careful of the movement of the massage rollers and avoid massaging the throat area and excessively strong massage action.
- Do not sit on the backrest or armrests.
- This unit should not be used by children. Also, do not allow children to play on the unit. Do not allow children to climb on the leg massage section, seat, backrest or armrests.
- Do not use the massage lounger while holding children.
- Do not push your hands, elbows, arms or feet against the backrest fabric covering the moving parts of the massage rollers during use.
(Otherwise it may lead to accident or injury.)




- Before use, be sure to check whether the covering fabric is damaged. (If it is damaged, please stop using it immediately and entrust repair.) Please do not use the unit when the fabric has been ripped, otherwise it may cause injury or electric shock.
- Please control the time of each massage within 15 minutes. Do not massage any one part of your body for more than 5 minutes at a time.
(Otherwise it may lead to adverse effect or injury.)
- Make sure there are no persons or pets around the unit (front, back, underneath or sides of the unit) before using it for massaging or moving the backrest or legrest. (Otherwise it may lead to accident or injury.)
- After each massage, push the power switch on the unit backside to the "O" (off) position.
(To prevent breakage or injury from misuse by children.)

If a malfunction or breakdown occurs



- If a malfunction or breakdown occurs, stop using the chair immediately and unplug the power plug from the wall socket.
(Otherwise it may lead to smoke/fire or electric shock.)

<Examples of malfunctions/breakdowns>

- Does not start when pressing .
- The power supply goes on and off when the power cord is moved.
- Burning smells or abnormal sounds occurring during operation.
- The unit becomes deformed or unusually hot.

→ Please contact customer service center for inspection and repair immediately.

WARNING

Power plug, power cord etc.



- Do not do anything that may damage the power cord or power plug.

Do not scratch, modify, use near a heater, excessively bend, twist, pull, place heavy objects on top of, or bundle the cord or plug.

(Use damaged power cord or power plug may cause electric shock, short circuit or fire.)

→ Contact the store where you bought the unit or the customer service center for repairs to the power cord or power plug.



- Do not insert or unplug the power plug with wet hands. (Otherwise it may lead to electric shock.)
- Always use sockets and wiring devices at the correct rated value.
- Use 220 V 50 Hz alternating current. (Cannot be used overseas, nor with a transformer.)
- Always insert the power plug fully into the socket. (Otherwise it may lead to electric shock or fire due to overheating.)
- Dust the power plug on a regular basis.
 - Remove dust using a dry cloth. (Otherwise it may lead to fire, due to damp shorting the insulation.)

CAUTION

Symptoms



- Persons who are otherwise healthy but have any of the conditions listed below should consult with their physicians before using the unit.

- (1) Persons whose muscles have deteriorated due to age or weight loss
 - (2) Persons with symptoms of lower back and hip pain caused by the bones and muscles, organs and nerves
 - (3) Persons who suffer bruises or sprains easily
 - (4) Persons who suffer from severe motion sickness
 - (5) Persons who have undergone heart or internal surgery in the past (Otherwise it may lead to adversely affected health.)
- If symptoms such as rashes, reddening, itching, etc. occur as a result of using this unit, stop using the unit and consult a physician. (Otherwise it may lead to accident or adversely affected health.)


Installation and movement




- The unit should not be used on top of heating appliances, such as electric carpets, etc. (Otherwise it may lead to fire.)
- Do not drag or push the unit in an installed state.
- Do not move the unit using the castors on the flooring. (Otherwise it may damage flooring.)
- Do not move with a person on it. (Otherwise it may lead to falls, causing an accident or injury.)
- Do not use in damp or humid places such as a bathroom. (Otherwise it may lead to electric shock.)

Safety Precautions (continued)


CAUTION

-  Use only on a horizontal surface.
(Otherwise it may lead to a falling accident.)
- When unplugging the power plug, hold the plug itself and do not pull on the power cord.
(Otherwise it may lead to electric shock, fire or ignition due to short circuit.)
- Before moving the unit, the angle of the leg massage section must be adjusted back to the original position.
(Otherwise it may lead to injury.)
- Place a mat or other such covering on floor when moving the unit using the castors.
(Otherwise it may damage flooring.)
- When moving the unit on its castors, remove any obstacles in the surroundings of the unit, lift up the backrest to the fully upright position, lift the legrest to a position below the waist (less than 80 cm from the floor), and move the unit slowly. (EN11)
(Otherwise the unit may fall and cause injury.)

Power supply

-  Always unplug the power plug from the wall socket when cleaning the unit or removing the cover.
(Otherwise it may lead to electric shock or burn.)
- Always unplug the power plug from the wall socket when not using.
(Since dust and humidity deteriorates insulation, which may result in fire due to electrical fault.)



Before and during use

-  Do not use the massage rollers on your head, stomach or bare skin. Also, do not place your hands or feet between the massage rollers.
- Do not clamp your knees between the leg massage section.
- Do not fall asleep while using the unit. Do not use the unit after drinking alcohol.
(Otherwise it may lead to accident or injury.)
- Do not clamp your hands or legs between the unit and the leg massage section.
- Do not clamp hands, arms or heads between the gaps of the leg massage section (legrest). For the sake of safety, please take back the leg massage section after massage.
- Do not unplug the power plug or turn the power switch "O" (off) during massage.
- Do not stand or sit on the leg massage section or the legrest. Otherwise, the end of the legrest may rotate or the unit may tilt which causes accidents or injuries.
- Do not use at the same time as another medical device.
(Otherwise it may lead to accident or deteriorated health.)

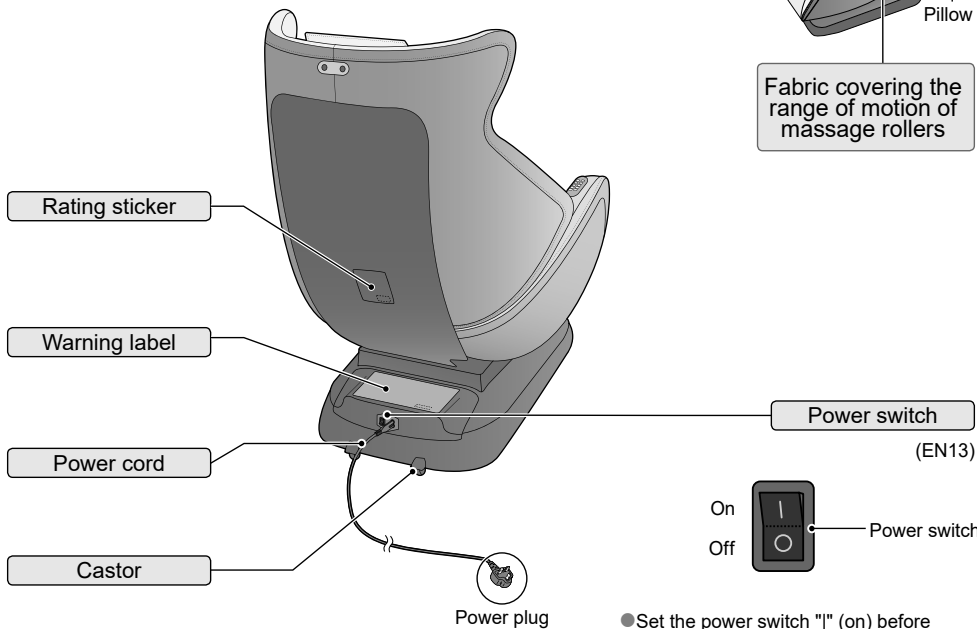
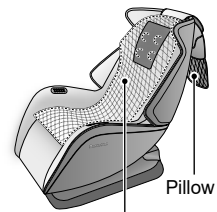
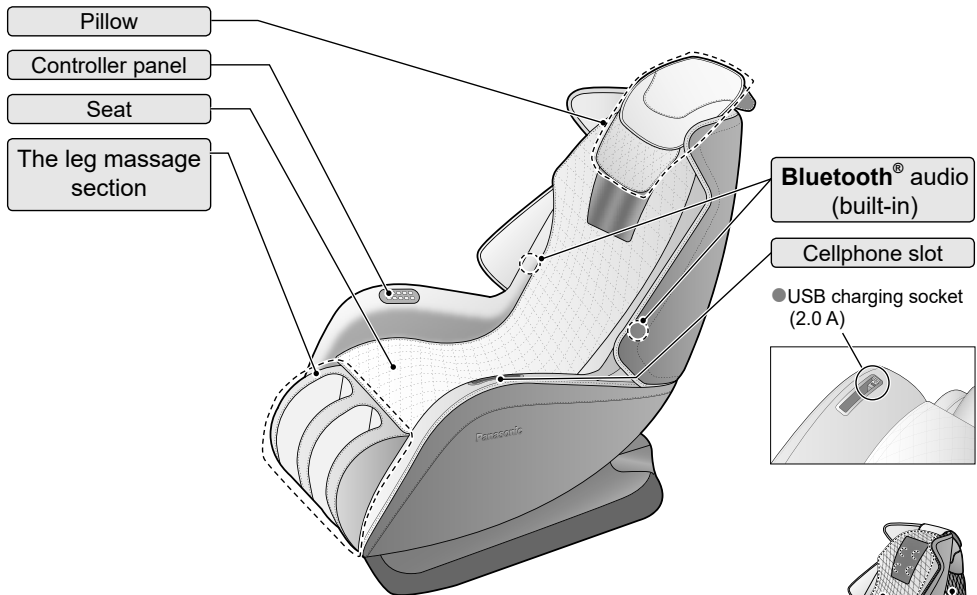
 **CAUTION**

- Check that the massage rollers are in the retracted position.
- If you want to leave the seat during massage, you must stop the massage before leaving the seat.
(Otherwise it may lead to accident or injury.)
- When retracting the leg massage section, please push it completely into position by hand.
(Otherwise it may lead to accident or injury.)
- Check that there is no foreign matter between the parts of the unit before sitting down.
 - Make sure there is no foreign matter between backrest, seat, leg massage section and pillow.
(Otherwise, hands, feet or other objects may become trapped, resulting in an accident or injury.)
- Avoid wearing anything hard on your head like a hair accessory, etc. when using the unit.
- Do not massage with any hard objects in your trouser pockets.
(Otherwise it may lead to injury.)

Take note of the following points as well

-  ● Do not spill water on the unit or controller.
(Otherwise it may lead to electric shock, fire or ignition due to short circuit.)
-  ● In the event of a power outage, unplug the power plug immediately.
(Otherwise it may lead to accident or injury when the power supply returns.)
- If you have not used the unit for a while, carefully read the operating instructions again and check that the unit is operating normally before use.
(Otherwise it may lead to malfunction or injury.)

Part names and functions of main unit



EN10

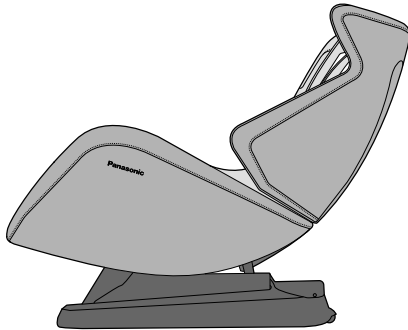
Settings

- 1) Open the packing case and take out the massage lounger and accessories

Check the unit and accessories

The unit

The state of being taken out of the packing case.



Annex

- Power cord

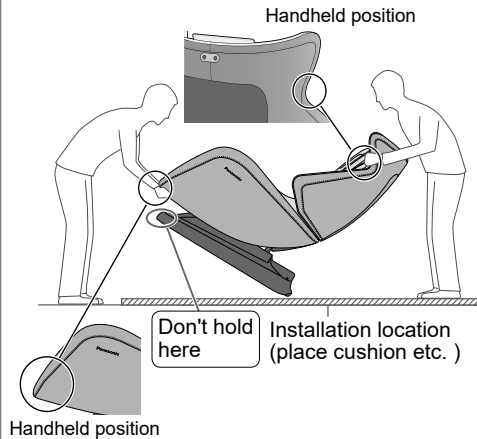


2) Set up the unit

- The unit is heavy, so please be careful not to hurt the back and other parts during carrying. (The unit must be carried by more than 2 persons.)
The weight of the unit is approx. 43 kg.
- When you lower the unit, please take care of your feet and put it down slowly.
- Do not let go of the leg massage section until the unit body is safely laid down.

When lifting the unit and moving

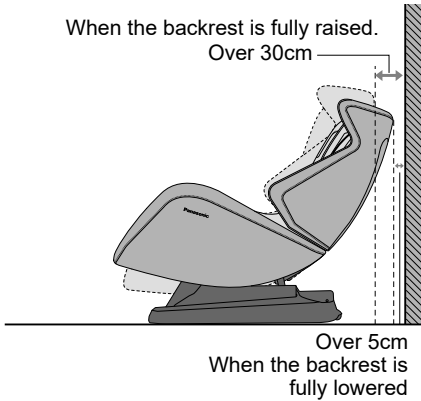
If not handled correctly, the unit body will fall and damage the floor. Please fully tilt the backrest, retract the leg massage section, and then lift the massage lounger.



Settings (continued)



3) Pay attention to the distance between the backrest and the wall when placing the unit

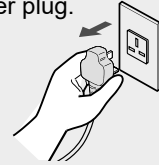
Please check whether the backrest will hit the wall



Castors can be used when moving the unit.

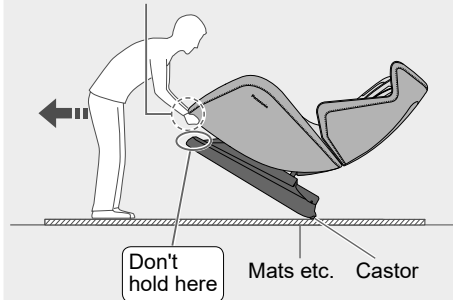
1 Initial use

- ① After procedures ①, ④ and ⑤ of EN13, the indicator light will flash, which means the unit enters the standby mode. The backrest of the massage lounger is automatically lifted from the delivered state to the upright state.
- ② When pressing , the indicator light is always on, which means it is at the boot mode, and at the same time, the backrest of the massage lounger tilts to the set angle (not the lowest position).
- ③ When pressing , the indicator light flashes, that is, it returns to standby mode, and the backrest of massage lounger will also return to upright state.
- ④ Turn the power switch on the back of the unit to "O" and unplug the power plug.



2 Moving

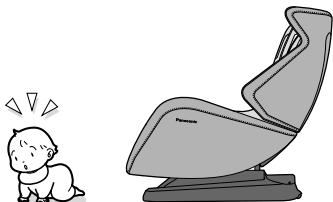
Lift the unit to a position no higher than the position of waist



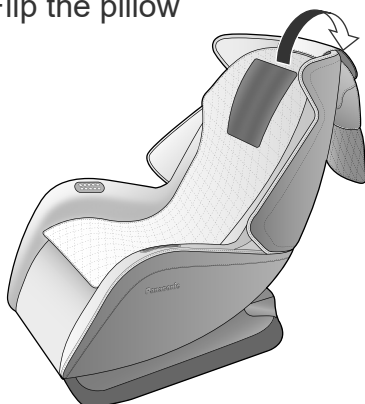
Before each massage (check the unit)

1 Check the surrounding area

- Make sure there are no objects, persons or pets around the unit.

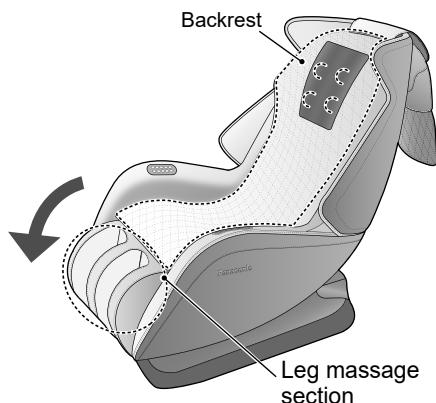


2 Flip the pillow

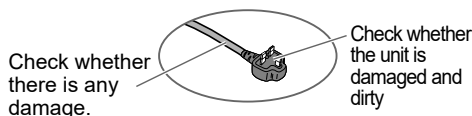


3 Make sure there are no foreign objects in the unit

If checking the leg massage section, turn the leg massage section down by hand, and check whether there are foreign objects in it.




4 Check the power cord and power plug



⚠ WARNING


- Do not do anything that may damage the power cord or power plug. Do not scratch, modify, use near a heater, excessively bend, twist, pull, place heavy objects on top of, or bundle the cord or plug. Use damaged power cord or power plug may cause electric shock, short circuit or fire.
→ Contact the store where you bought the unit or the customer service center for repairs to the power cord or power plug.
- Dust the power plug on a regular basis. Remove dust using a dry cloth. (Otherwise it may lead to fire, due to damp shorting the insulation.)

5 Turn on the power switch.

- ① Insert the power plug into the power outlet. 

- ② Turn on the power switch.



- When the power plug is plugged in and the power switch on the back of the unit is turned on, the indicator light on the controller panel  starts flashing.

Settings

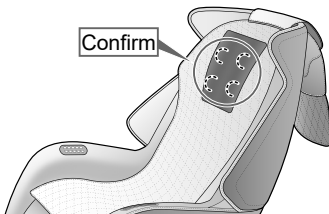
Before each massage (check the unit)

Before each massage (check the unit) (continued)


WARNING

- Do not insert or unplug the power plug with wet hands.
(Otherwise it may lead to electric shock.)
- Always use sockets and wiring devices at the correct rated value.
- Use 220 V 50 Hz alternating current.
(Cannot be used overseas, nor with a transformer.)
- Always insert the power plug fully into the socket.
(Otherwise it may lead to electric shock or fire due to overheating.)

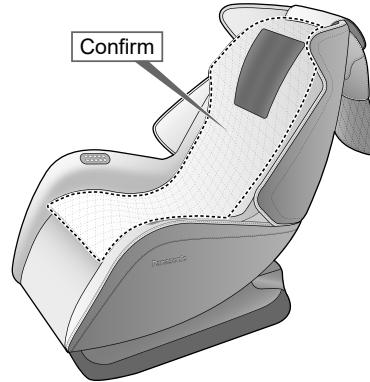
- 6** Touch and confirm that the massage roller is in the original position



When the massage rollers are not in the original position

- Press twice  on the controller panel to turn it back to the original position.

- 7** Make sure the fabric is undamaged



WARNING

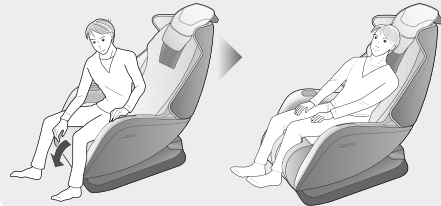
- Before use, be sure to check whether the covering fabric is damaged.
(If it is damaged, please stop using it immediately and entrust repair.)
Please do not use the unit when the fabric has been ripped, otherwise it may cause injury or electric shock.

- 8** Adjust the massage lounger as needed

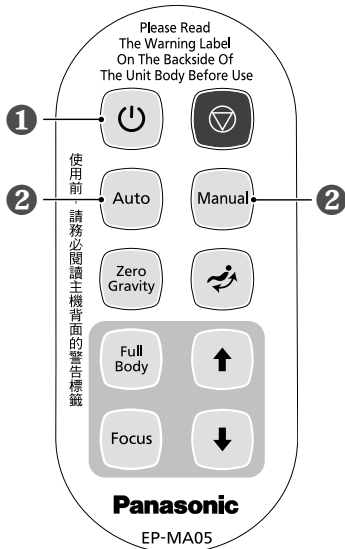
When you want to use the leg massage section

Turn the leg massage section down and put your feet into the section

Turn the leg massage section down by hand



Select menu and start massage



1 Standby key

- After the power is turned on, the indicator light starts flashing (about 30 seconds) to wait for operation. After 30 seconds, the indicator light stops flashing (for not affecting customers to have a rest).

- Press for power-on
The indicator light is always on (standard time of the course is 15 minutes), and the backrest of massage lounge automatically tilts to the set angle (not the lowest position).

Note

15 minutes later, the course will stop, and the backrest of massage lounge will not reset automatically (for not affecting customers to have a rest).

- Press for shutdown
The indicator light starts flashing, and the backrest of massage lounge will reset to the chair state.

Note

15 minutes later, the course will stop, the switching course will not be re-timed.

2 Select massage course

Select a course from the "Auto" massage course and the "Manual" massage course and press it

Auto course

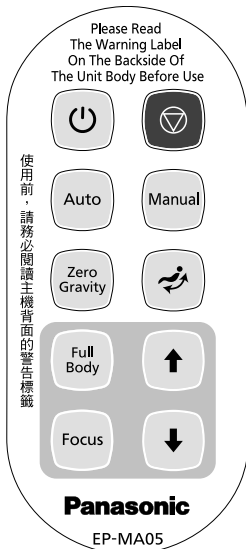
There are 3 courses to choose from, which can massage from shoulders to hips according to the preset massage course.


Manual course


Customers can set the massage techniques and massage parts according to their needs.

Before each massage (check the unit) \ Select menu and start massage

"Auto" massage course



Press  to enter the "Auto" massage course

 "Auto" massage course has three Pre-set course, which can be switched cyclically.

- "Pre-set course 1"
the red indicator light will be on. "Swedish" course.
- "Pre-set course 2"
the blue indicator light will be on. "Refresh" course.
- "Pre-set course 3"
the purple indicator light will be on. "Deep" course.

Course contents

Swedish

- When you want to eliminate the fatigue of the whole body, you should massage comfortably and gently from the shoulder to the hips by kneading and tapping, and squeeze and knead the calf softly and forcefully, so that your body can relax wholeheartedly.

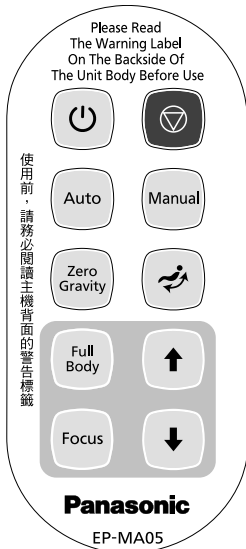
Refresh


- When you want to relieve the stiffness of shoulder and waist, you should mainly massage and knead the back, and the massage rollers move at a slow speed, which can dredge the meridians and relax the body.

Deep



- In order to relieve the soreness and fatigue of the waist and hips the waist and hips can be better relaxed by tapping and rubbing, and the soreness can be thoroughly relieved by the squeezing and kneading of the calf air.

"Manual" massage course






Press  to enter the "Manual" massage course

Select a course from "Full Body" or "Focus".

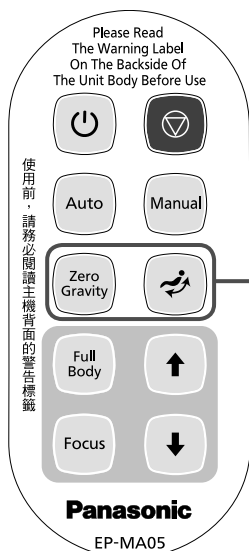
 "Full Body" massage course has three Pre-set course, which can be cycled by pressing , and can relax the whole body from shoulder to hip.


- "Pre-set course 1"
the red indicator light will be on. Mainly by kneading.
- "Pre-set course 2"
the blue indicator light will be on. Mainly by tapping.
- "Pre-set course 3"
the purple indicator light will be on. Mainly by kneading and tapping.

 "Focus" can select the part you want to massage, long press on  or  to adjust it up and down.


"Auto" massage course \ "Manual" massage course

Set up according to your favorite action



Press  and the massage lounger will tilt automatically to the horizontal position.

- Incline the body to the best angle for "Zero Gravity" massage, so that the stress of the whole body can be balanced without any obvious stress points. At this time, other parts of the body can be better relaxed, which will be helpful to release the pressure and fatigue, and can also achieve better massage results.

Press  to enter constant "Swing" mode.

- Through natural and relaxed "Swing" massage, the body can be fully stretched, thus every part of the body can be massaged.

Music playing instructions

The massage lounger has built-in Bluetooth receiving module, which can be connected with Bluetooth mobile phones, tablet computers and other devices to play music, so that you can enjoy music while having massage. (EN21)

To ensure the security of Bluetooth connection, the password should be put in as follows.

Bluetooth ID: EP-MA05-XXXXXX

Bluetooth password: 2105

After completing the massage

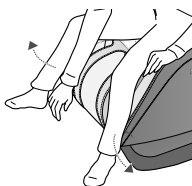
1 Remove the feet from the leg massage section

For your safety, please put it away after the leg massage section is used.

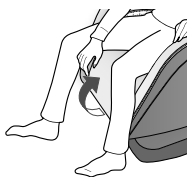
Retract the leg massage section

- Please make sure there are no foreign material in the storage section.

Carefully remove the feet from the leg massage section



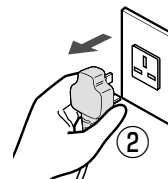
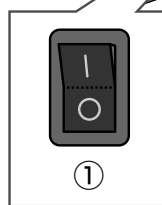
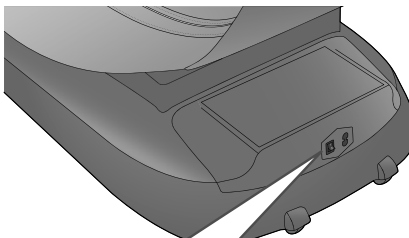
Push inward to the end with your hands



WARNING

- This unit should not be used by children. Also, do not allow children to play on the unit. Do not allow children to climb on the leg massage section, seat, backrest or armrests. (Otherwise it may lead to accident or injury.)

2 Turn the power off



- ① Press the power switch to the "O" off position
- ② Remove the power plug from the power outlet.



WARNING

- After each massage, push the power switch on the unit backside to the "O" (off) position. (To prevent breakage or injury from misuse by children.)

Timer function

After starting the massage, it will end automatically about 15 minutes later.

When you want to end it in the middle of the massage

Press 

- The massage rollers should be retracted and the backrest be raised.

When feeling anything abnormal

Press 

- Stop all actions immediately.
- Be careful when leaving the unit to avoid falling down.

Set up according to your favorite action After completing the massage

Cleaning and maintenance

- Never use chemicals such as thinner, benzene, alcohol, etc.



Synthetic leather/plastic parts

Normal maintenance

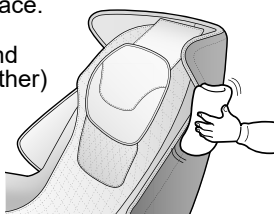
Use a soft dry cloth to wipe off dust and dirt.

If there is smear

- 1 Soak a soft cloth in water or a 3 % - 5 % solution of neutral kitchen detergent with warm water and squeeze well.



- 2 Wipe the surface.
(Clean and wipe cloth and synthetic leather)



- 3 Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.



- 4 Wipe with a soft and dry cloth.
- 5 Let it air dry naturally.
(Do not rapidly dry off with a dryer, etc.)

If it is not easy to clean

Please try the above steps 1 by adopting the following maintenance methods.

<Synthetic leather>

Wipe with the available "melamine foam sponge" on the market with neutral kitchen detergent.

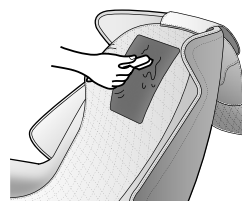
Note

- As synthetic leather component may be dyed by clothes, so please be careful when using the unit in jeans or colorful clothes.
- To avoid discoloration of synthetic leather, please put on a towel or other mat when using the massage lounge for hairdressing.

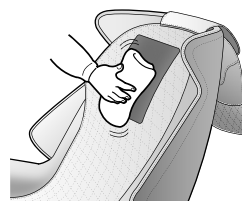
EN20

Fabric parts

- 1 Soak a soft cloth in water or a 3 % - 5 % solution of neutral kitchen detergent with warm water and squeeze well.
- 2 Use water or a neutral kitchen detergent and brush it on areas where the seat fabric is particularly soiled. Be careful not to brush the fabric too much to avoid damage. Detergent is not recommended for maintenance in the elastic fabric range. The scope of maintenance should be limited to the leather parts.)



- 3 Finally, rinse the cloth in water and wring it out, then wipe off all the detergent.



- 4 Let it air dry naturally.

Note

- Since color may transfer from clothing to the seat fabric, be careful when using the unit with clothing such as jeans or colored clothes.

Q&A

Q Can persons paying frequent visits to hospitals because of diseases use the product?

A These persons should consult physicians before using the product.
Massage is a form of stimulation by tactile pressure in which pressure is applied to the muscles to relax them. According to different causes, massage may worsen the condition, so please consult with the attending doctor before using this product.

Q How tall of people can be suitable for using this product?

A Depending on the size or height, there will be some differences. Please use this product with general reference below.

- When users with a height of more than 170 cm use head massage, there may be insufficient contact of the head massage part or inability to massage the head, which could affect the massage effect.

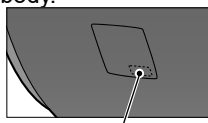
For a taller person with knee bending when using the product:

Please choose either of the following method **A** or method **B**.

- A** Put down the backrest and lower the position of the leg massage section.
- B** Use the leg massage section to massage only the upper body.

Q Where can I see the manufacturing number of the product?

A It is below the rating sticker on back of the main body.



Product serial number

Q A little concerned about the sound of the massage lounger when it works ...

A The sound produced when the massage lounger operates is usually caused by the moving structure.

Q Why does it stop after a period of time when using swing mode?

A Because the course is set to swing for 3 minutes and stop for 2 minutes, it is normal to stop for a period of time after swinging.

Q Does it matter that there is a difference in massage strength between the left and right massage rollers during massage?

A Due to the movement structure, it is possible to feel the difference in the strength between the left and right massage rollers during massage. An alternation tapping mechanism on the left and right massage rollers of the structure is used to simulate natural massage and create a more natural sensation. During the massage process, the specific positions of the left and right massage rollers in contact with the back may be slightly different, which could lead to the user's feeling that the massage strength on the left and right sides is different. This is not a malfunction.

Q What is the monthly power consumption when this product is used?

A According to the daily use of 30 minutes (15 minutes × 2 times), the electricity consumption of this product is about 1kW.h per month.

Q Are there any things needing special attention during moving?

A Pay attention to the following things during moving.

- For convenience during moving, tilt backrest of the product till the lowest position. During handling, do not sit on the product.

Turn off the power switch and pull out the power plug.




- If the original packing box is available, make sure the power line is not wound on the product, wind it and place it on the seat surface. When handling the product, keep the power line from falling off and rubbing with ground.
- If the original packing box is unavailable, properly keep other packing auxiliary materials and wrap the product with them to avoid scratch and vibration during handling.

Q How to connect and use Bluetooth audio of the massage lounger?

A After the massage lounger is turned on, turn on the mobile phone and open the Bluetooth to search for the massage lounger model [EP-MA05-XXXXXX] and connect it, and select music playing.

Troubleshooting

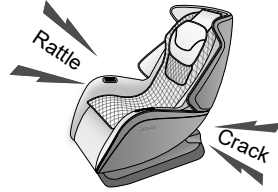
After discovering the fault, first check it and try the following methods.
If the fault still exists after trying, please contact the customer service center.

Problem	Cause and Remedy
<p>The massage rollers stop during the use of the unit</p>	<p>When the massage rollers encounter excessive external force during use, the massage rollers may stop moving for safety reasons. Please turn off the power switch, wait for about 10 seconds, and then turn on the power again. If the massage rollers stop again, please adjust your sitting position so that your back will not be completely attached to the backrest. (Attention should be paid to the relevant safety instructions, especially when used by people weighing 100 kg or above.)</p>
<p>The massage rollers do not come up to the shoulder or neck</p>	<p>If the massage ball does not reach the shoulder or neck position, you should adjust the button. Please refer to EN17 for specific operation instructions.</p>
<p>The height (strength) of the left and right massage rollers is different</p>	<p>An alternating tapping method is employed, which means that this phenomenon will naturally occur. There is nothing wrong with the unit.</p>
<p>The unit will not operate at all</p> <ul style="list-style-type: none"> ● Upper body (from neck to waist) massage ● Leg massage 	<ul style="list-style-type: none"> ● The power cord is disconnected. ● The power switch of the unit is not turned on. ● After pressing the  button on the controller, no course is selected.
<p>After massage, even if you press the  button again, you cannot re-enter the massage course</p>	<ul style="list-style-type: none"> ● It takes about 5 seconds for the course to stop after massage. Wait at least 5 seconds once all movement has stopped before pressing .
<p>The unit has been damaged</p>	<p>To prevent accidents, please contact the customer service center when necessary.</p>
<p>The power cord or power plug is abnormally hot</p>	

Sounds and sensations of the unit

The following action sounds and sensations will occur during use, but this is due to the structure of the massage lounger, nothing abnormal.

- The sound caused when the massage rollers are changed from "extended" to "retracted"
- The sounds and sensations when the massage rollers rub the wrinkles on the fabric during the movement
- The sound of rubbing, tapping, etc.
- Friction sound when massage rollers move
- Action sound when massage rollers go up and down
- Sound of the belt rotating
- Motor sounds
- The sound when the massage rollers change from "squeezing" to "stretching"
- Voice when seated
- Friction between armrest and pillow when backrest inclines
- Friction sound between massage roller and cloth
- Working sound of air pump during air massage operation
- Exhaust sound during air massage operation
- Working sound of solenoid valve under seat during air massage operation
- Shake of leg massage section
- Action sound of air
- When the backrest is tilted, the sound made by the friction between the pillow and the leather part on the back cover



When the sound becomes louder, that may suggest a fault/malfunction.

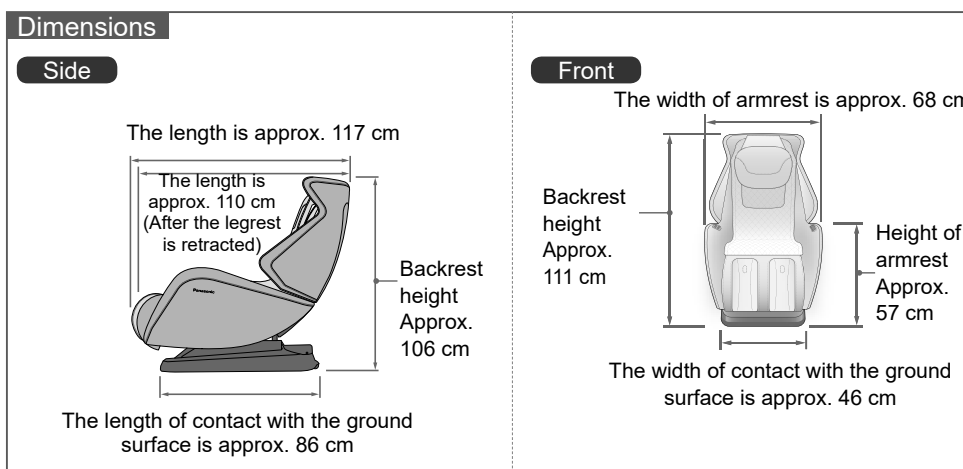
- At this time, please contact the customer service center for inspection and repair.

Specifications

Power supply		220 V ~ 50 Hz
Rated power		70 W
Massage range	Kneading width	122 mm - 47 mm
	Moving distance	86 cm
	Massage speed	Kneading width: 31±10 % times/min Tapping: 700±10 % times/min Moving distance: 3±10 % cm/s
Turn off automatically		Turn off automatically after approx. 15 minutes at most
Dimensions	When not reclining (length × width × height)	Approx. 117 cm × 68 cm × 106 cm
	When reclining (length × width × height)	Approx. 132 cm × 68 cm × 100 cm
Mass		Approx. 43 kg
Packing case dimension (D × W × H)		Approx. 146 cm × 76 cm × 96 cm
Weight (including packing case)		Approx. 53 kg
Upholstery		Synthetic leather
Bluetooth Version		Bluetooth 5.0

“The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Panasonic Corporation is under license. Other trademarks and trade names are those of their respective owners.”

For persons weighing 100 kg or more, the product operations may produce more noise and the fabric cover may wear faster.



EN24

MEMO

TC2

目錄

使用前

- 安全須知 TC4
- 主機各部位名稱和功能 TC10
- 設定 TC11

使用方法

- 每次按摩前（檢查主機體） TC13
- 選擇功能表並開始按摩 TC15
- "Auto" (自動) 按摩模式 TC16
- "Manual" (手動) 按摩模式 TC17
- 根據你最喜歡的動作設定 TC18
- 完成按摩後 TC19

保養

- 清潔和保養 TC20

問答集 (Q&A)

- 問答集 (Q&A) TC21
- 問題解決 TC22
- 在意聲音或感覺時 TC23
- 規格 TC24



說明書中使用的插圖可能與實際裝置略有不同，僅供參考。

安全須知

請務必遵守

以下將說明使用規範，請務必遵守，以防止危害人體或發生財物損失。

■ 以下將根據各種嚴重程度說明當用法錯誤時，會發生的危害與損害程度。
使用本產品之前，請仔細閱讀本說明書。

 警告	若不遵守可能導致人員死亡或重傷。
 注意	若不遵守可能導致人員受到輕傷、或發生財物上的損失。

■ 你必須遵從的指示，會以下列符號分類說明。
(以下符號為有關示例。)

 禁止事項。	 強制執行事項。
---	---

警告

症狀



● 具有下列任何狀況或正在接受治療的人請勿使用。

- (1) 被醫生告知禁止按摩者（例如由於血栓症、下肢深層靜脈栓塞、肺栓塞、重度動脈瘤、急性靜脈曲張、靜脈炎、任何類型的皮膚炎或皮膚感染 [包括皮下組織炎症] 等）
- (2) 骨質疏鬆症、脊椎骨折、扭傷、肌肉拉傷等患有急性疼痛性疾病患者
- (3) 安裝心律調整器或其他易受電子干擾的體內植入型醫療用器材者
- (4) 孕婦，或剛生產過後的婦女
- (5) 急性腰痛、椎間盤突出、腰椎滑脫症、脊柱管狹窄症、腰椎退化性疾病的患者
- (6) 脊椎骨異常或彎曲者
(否則可能會加劇症狀。)

● 有以下症狀者請勿使用小腿按摩、腰部／臀部按摩。

- (1) 臀部周邊急性發炎、急性臀部痛、梨狀肌症候群或坐骨神經痛的患者
- (2) 有髖關節變形等髖關節較脆弱者
- (3) 使用時有臀部或小腿部位疼痛、麻痺、倦怠感者
(否則可能會加劇症狀。)

● 本產品不適合身體感應下降或心智能力低，或缺乏經驗和知識的人（包括兒童）使用，除非由負責其安全的人監督或指導他們使用本產品。應監督兒童以阻止兒童玩弄產品。
(否則可能會導致意外或受傷。)

 **警告**

● 身體不適或正在接受治療的人，在使用本機前請務必諮詢醫生。

- (1) 惡性腫瘤患者
- (2) 心臟病患者
- (3) 熱覺喪失者
- (4) 糖尿病等高度末梢循環障礙之知覺障礙者
- (5) 接受抗凝血治療者
- (6) 按摩部位有傷口者
- (7) 體溫超過 38 °C（發燒）者（例如：有急性發炎症狀（倦怠感、畏寒、血壓波動等）或體力衰弱時）
- (8) 需靜養或身體狀態不佳者
- (9) 上述以外的身體不適者

● 使用中若出現身體異常或使用後仍未出現效果時，請立即停用並諮詢醫生。
（否則可能會導致意外、受傷或不適。）

並請注意以下事項

- 嚴禁改裝。此外，請勿嘗試自行拆解或維修。
（否則可能會導致起火，或者因主機體運作異常而造成傷害。）

安全須知（接續）



警告

使用須知



- 按摩頸部時請注意按摩輪的移動，並避免按摩喉部和過強的按摩力度。
- 請勿坐在靠背或扶手上。
- 切勿讓兒童使用。此外，請勿讓兒童在主機體上玩耍。請勿讓兒童爬到小腿按摩部分、椅座、靠背或扶手上。
- 請勿在抱小孩時使用按摩椅。
- 使用時請勿將手、手肘、手臂或腳靠在覆蓋靠背按摩輪移動部分的布料上。
(否則可能會導致意外或受傷。)




- 使用前，請務必檢查按摩椅的布料是否破損。
(發現破損請立即停用並委託維修。)
請勿在布料被撕破時使用本機，否則可能會導致受傷或觸電。
- 請將每次按摩的時間控制在 15 分鐘內。
- 按摩同部位的時間為 5 分鐘以內。
(否則可能會導致反效果或受傷。)
- 按摩中或移動靠背、腿置台時，務必確認周圍（主機體後方、下方、前方、側方）沒有其他人或寵物。
(否則可能會導致意外或受傷。)
- 每次按摩後，請將主機體背面的電源切換開關按到「O」（關閉）位置。
(防止兒童誤用導致故障或受傷。)

若發生故障



- 如發生異常與故障時，請立即停用，並拔除插頭。
(否則可能會導致冒煙／起火或觸電。)

<異常、故障例>

- 按  時未啟動。
- 移動電源線時，電源開啟再關閉。
- 使用時出現焦味或異音。
- 主機體變形或過熱。

→ 請立即聯繫Panasonic服務中心進行檢查/維修。

警告

電源插頭、電源線等



- 切勿破壞電源線及電源插頭。

請勿刮傷、修改、在加熱器附近使用、過度彎曲、扭曲、拉扯、捆綁電線或插頭，或在其上放置重物。

(使用損壞的電源線或電源插頭可能導致觸電、短路或火災。)

→ 若要維修電源線或電源插頭，請聯繫Panasonic服務中心。

- 切勿以濕手插拔電源插頭。(否則可能會導致觸電。)



- 遵守插座或配線器材的使用限度。
- 使用 220 V 50 Hz 交流電。(無法在海外或搭配變壓器使用。)
- 將電源插頭確實插到底。(否則可能會因過熱而導致觸電或起火。)
- 請定期清潔電源插頭。
 - 用乾布清理灰塵。(否則可能會因濕氣而造成絕緣不良，而導致起火。)

注意

症狀



- 即使是身體健康者，若符合以下情況，請務必諮詢醫生後再使用。
 - (1) 隨著年齡增長而出現肌肉衰退者或身體瘦弱者
 - (2) 因骨骼、肌肉、器官、神經造成之腰部或臀部疼痛症狀者
 - (3) 容易挫傷或扭傷者
 - (4) 容易嚴重暈車者
 - (5) 過去曾接受心臟或內臟手術者(否則可能會導致健康惡化。)
- 若因使用本產品而出現皮疹、發紅、發癢等症狀，請停止使用並就醫。(否則可能會導致意外或健康惡化。)


關於設置、移動




- 請勿在電熱毯等加熱電器上使用本產品。(否則可能會導致起火。)
- 切勿在已設置狀態下拖曳或移動主機體。
- 請勿在地板上用腳輪移動主機體。(否則可能會損壞地板。)
- 請勿在椅子上有人的狀態下移動。(否則可能會因跌倒，造成意外或受傷。)
- 勿用於浴室等潮濕場所。(否則可能會導致觸電。)

安全須知（接續）


注意

-  僅可在水平表面上使用。
（否則可能會導致墜落意外。）
- 拔下電源插頭時請握住插頭，勿拉扯電源線。
（否則可能會因短路而導致觸電、火災或起火。）
- 移動主機體前，必須將小腿按摩部分的角度調整到原始位置。
（否則可能會導致受傷。）
- 用腳輪移動時，請事先鋪上保護墊等物品。
（否則地板可能會受損。）
- 用腳輪移動主機體時請移除周圍障礙物，將靠背完全立起，將腿置台抬起至低於腰部的位置（離地不到 80 cm），並緩慢移動主機體。（TC11）
（否則主機體可能會掉落並導致受傷。）


關於電源

-  清潔主機體或拆卸外罩時，務必將電源插頭從插座上拔下。
（否則可能會導致觸電或灼傷。）
- 不使用時，從插座上拔除電源插頭。
（因為灰塵與濕氣會使絕緣劣化，這可能會因漏電而導致起火。）



使用前和使用時

-  請勿讓頭部、腹部或皮膚接觸按摩輪。此外，請勿將手腳置於按摩輪之間。
- 切勿把膝蓋夾在小腿按摩部分之間。
- 使用中請勿睡著。飲酒後切勿使用。
（否則可能會導致意外或受傷。）
- 切勿將手或腿夾在主機體和小腿按摩部分之間。
- 切勿將手、手臂或頭部夾在小腿按摩部分（腿置台）的間隙之間。為安全起見，請在按摩後將小腿按摩部分收回。
- 按摩時請勿拔除電源插頭或將電源切換鈕按到「O」（關閉）位置。
- 切勿站在或坐在小腿按摩部分或腿置台上。否則，腿置台的末端可能會旋轉或主機體可能會傾斜，從而造成事故或傷害。
- 切勿同時使用其他治療器。
（否則可能會導致意外或影響身體健康。）

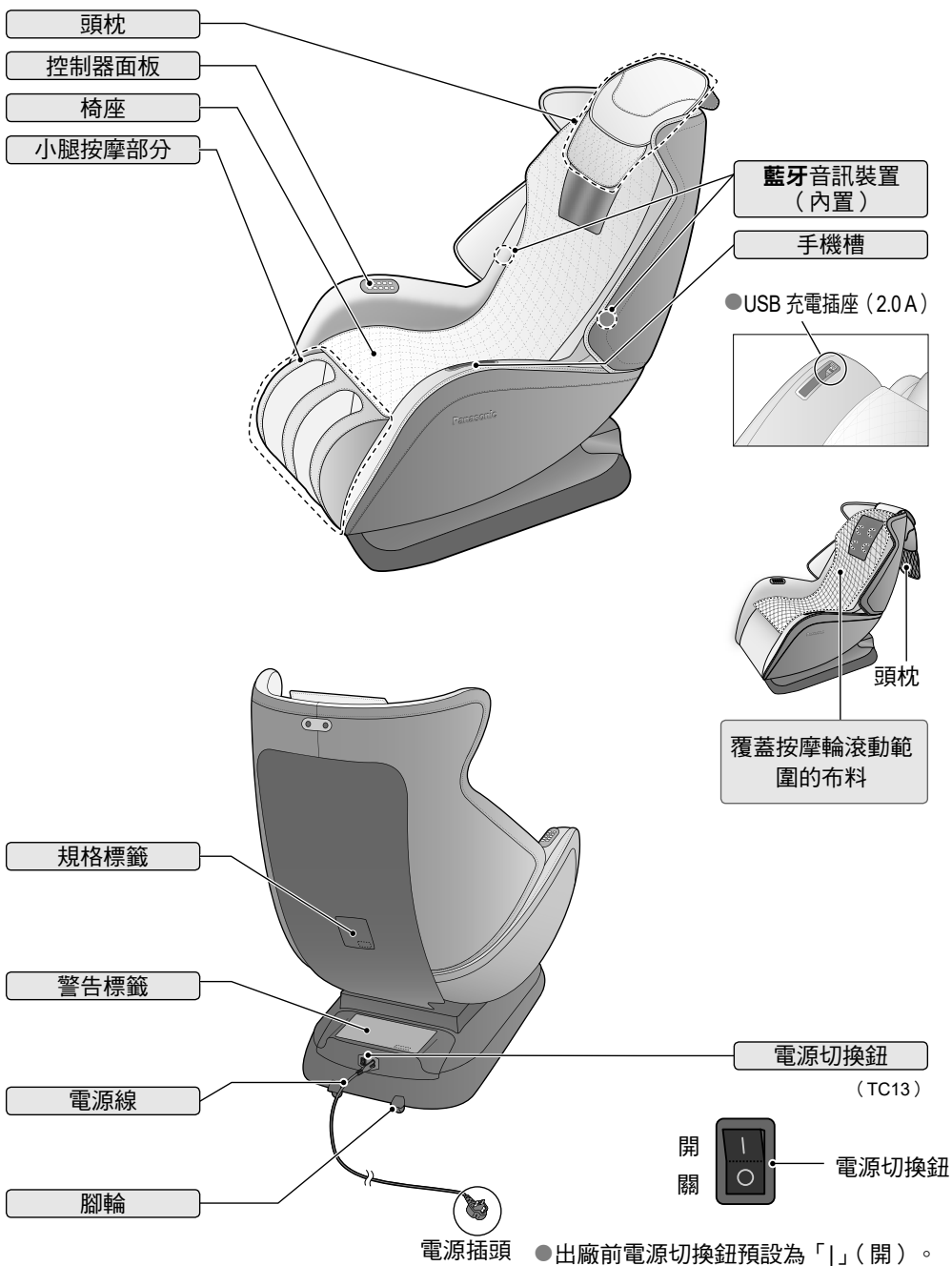
注意

-  檢查按摩輪是否處於收納位置。
- 按摩中若要離開主機體，務必停止運行動作後在離開。
(否則可能會導致意外或受傷。)
- 收回小腿按摩部分時，請用手將其完全推到位。
(否則可能會導致意外或受傷。)
- 確認主機體上未夾入異物後再坐入。
 - 確保靠背、座椅、小腿按摩部分和頭枕之間無異物。
(否則，手、腳或其他物體可能被夾住，造成事故或受傷。)
- 使用本按摩椅時，避免頭上戴髮飾等硬物。
- 褲子口袋內有硬物時，先取出後再進行按摩。
(否則可能會導致受傷。)

並請注意以下事項

-  請勿將水灑在主機體或操作器上。
(否則可能會因短路而導致觸電、火災或起火。)
-  停電時請立即拔下電源插頭。
(否則復電時可能會導致意外或受傷。)
- 如果已有一段時間未使用，使用前請再次詳閱使用說明書並檢查主機體是否正常運作。
(否則可能會導致故障或受傷。)

主機各部位名稱和功能



TC10

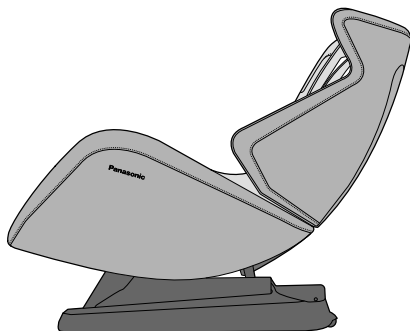
設定

1) 打開包裝箱，取出按摩椅及配件

檢查主機體及配件

主機體

從包裝箱中取出的狀態。



附件

- 電源線

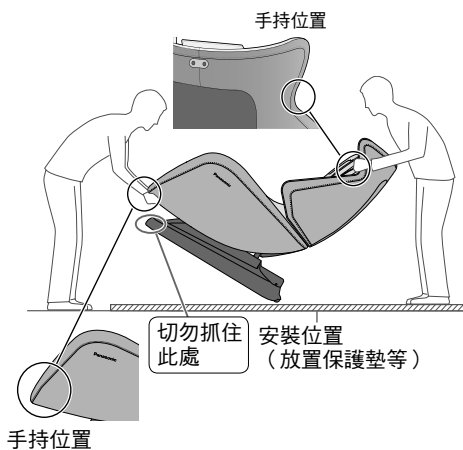


2) 放置主機體

- 主機體較重，搬運時請注意不要傷及背部及其他部位。（主機體必須由兩人以上搬運。）
主機體重約 43 kg。
- 放下主機體時，請注意腳下，慢慢放低。
- 在主機體安全放下之前，不要鬆開小腿按摩部分。

當抬起主機體並移動時

若處理不當，主機體會掉落並損壞地板。請完全傾斜靠背，收起小腿按摩部分，然後抬起按摩椅。

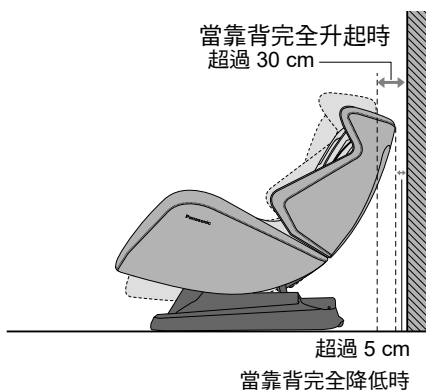


主機各部位名稱和功能設定

設定 (續)



3) 放置主機體時，請注意靠背與牆壁之間的距離

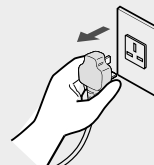
請檢查靠背是否會碰到牆壁



移動主機體時可以使用腳輪。

1 首次使用

- ① TC13 ①、④ 和 ⑤ 的程序完成後，指示燈閃爍，表示主機體進入待機狀態。按摩椅的靠背自動從出廠狀態抬升到直立狀態。
- ② 按下  時，指示燈會亮起，表示它處於啟動模式，同時按摩椅靠背傾斜至設定角度（非最低位置）。
- ③ 按下  時，指示燈閃爍，即恢復待機狀態，按摩椅靠背也會恢復直立狀態。
- ④ 將主機體背面的電源切換鈕按到「O」位置，然後拔下電源插頭。



2 移動

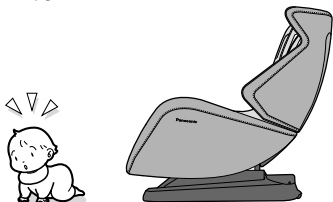
將主機體提升至不高於腰部的位置



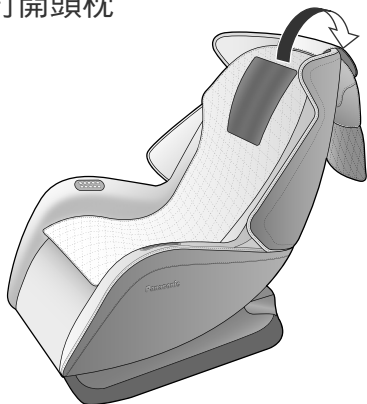
每次按摩前 (檢查主機體)

1 檢查周圍區域

- 確保主機體周圍沒有物體、人或寵物。

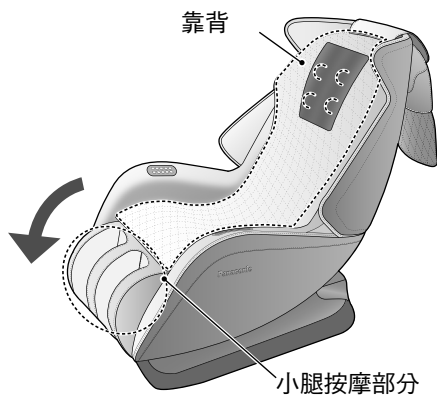


2 打開頭枕



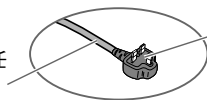
3 確保主機體內無異物

如果檢查小腿按摩部分，用手將小腿按摩部分轉下來，並檢查其中是否有異物。



4 檢查電源線和電源插頭

檢查是否有任何損壞。



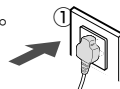
檢查是否有任何損壞和髒污。

警告

- 切勿破壞電源線及電源插頭。請勿刮傷、修改、在加熱器附近使用、過度彎曲、扭曲、拉扯、捆綁電線或插頭，或在其上放置重物。
使用損壞的電源線或電源插頭可能導致觸電、短路或火災。
→ 若要維修電源線或電源插頭，請聯繫 Panasonic 服務中心。
- 請定期清潔電源插頭。用乾布清理灰塵。
(否則可能會因濕氣而造成絕緣不良，而導致起火。)


5 打開電源切換鈕

- ① 將電源插頭插入電源插座。



- ② 打開電源切換鈕。



- 當電源插頭插入且主機體背面的電源切換鈕打開時，控制器面板上的指示燈
 開始閃爍。

設定

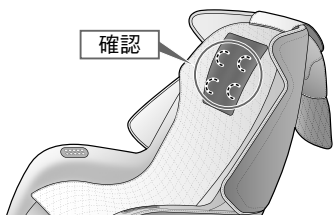
每次按摩前 (檢查主機體)

每次按摩前（檢查主機體）（續）


⚠ 警告

- 切勿以濕手插拔電源插頭。
（否則可能會導致觸電。）
- 遵守插座或配線器材的使用限度。
- 使用 220 V 50 Hz 交流電。
（無法在海外或搭配變壓器使用。）
- 將電源插頭確實插到底。
（否則可能會因過熱而導致觸電或起火。）

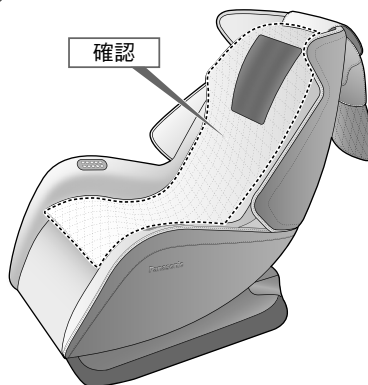
6 觸摸並確認按摩輪處於收納位置



按摩輪不在收納位置時

- 按兩次控制器面板上的 ，將其轉回收納位置。

7 確保布料無損壞



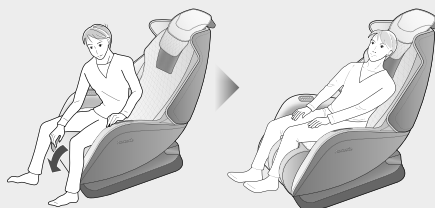
⚠ 警告

- 使用前，請務必檢查按摩椅的布料是否破損。
（發現破損請立即停用並委託維修。）
請勿在布料被撕破時使用本機，否則可能會導致受傷或觸電。

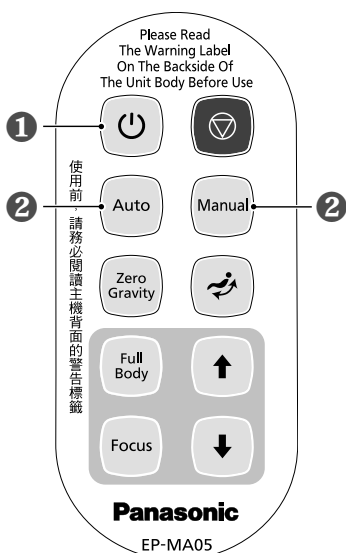
8 按需調整按摩椅

當你想使用小腿按摩部分

把小腿按摩部分轉下來，把你的腳放進去。
用手將小腿按摩部分轉下來。



選擇功能表並開始按摩



1 待機模式

- 打開電源後， 指示燈開始閃爍（約 30 秒），等待運作。30 秒後， 指示燈停止閃爍（為不影響使用者休息）。

- 按 開機

指示燈持續亮起（設定模式時間為 15 分鐘），按摩椅的靠背自動傾斜到設定的角度（非最低位置）。

注意

15 分鐘後模式停止，按摩椅靠背不會自動復位（為不影響使用者休息）。

- 按 關機

指示燈開始閃爍，按摩椅靠背復位到椅子狀態。

注意

15 分鐘後模式停止，切換模式將不會重新計時。

2 選擇按摩模式

從（自動）按摩模式和（手動）按摩模式中選擇一個，然後按下。

"自動" 模式

有 3 個模式可供選擇，可根據預設的按摩模式從肩部到臀部進行按摩。

"手動" 模式

客戶可根據需要設定按摩手法和按摩部位。

每次按摩前（檢查主機體）／選擇功能表並開始按摩

"Auto" (自動) 按摩模式



按下 **Auto** 進入"Auto"(自動) 按摩模式

Auto "Auto" (自動) 預設有三個按摩模式，可以循環切換。

- 按摩模式（一）：
紅色指示燈將亮起。揉撫放鬆按摩模式。
- 按摩模式（二）：
藍色指示燈將亮起。活絡舒暢按摩模式。
- 按摩模式（三）：
紫色指示燈將亮起。緩和酸痛按摩模式。

模式內容

揉撫放鬆

- 想消除全身疲勞時，可通過揉捏、輕拍的方式，從肩部到臀部進行舒適、輕柔的按摩，對小腿進行輕柔、有力的擠壓、揉捏，達到全身放鬆。

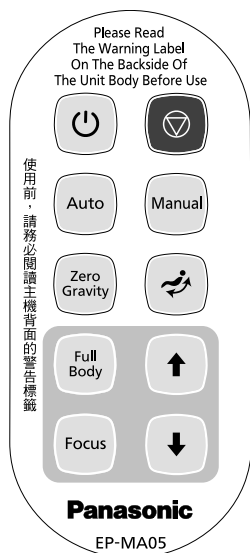
活絡舒暢

- 當你想舒緩肩部和腰部的僵硬時，主要按摩揉背，按摩輪慢速移動，可以疏通經絡，放鬆身體。

緩和酸痛

- 為了舒緩腰部和臀部的酸痛和疲勞，可以通過輕拍和揉搓來更好地放鬆腰部和臀部，同時通過小腿氣囊的擠壓和揉搓來徹底舒緩酸痛。

"Manual" (手動) 按摩模式



按下 **Manual** 進入"Manual"(手動) 按摩模式

從 "Full Body" (全身) 或 "Focus" (定點) 中選擇一個按摩模式

Full Body (全身) 預設有三個按摩模式，可以按

Manual (手動) 循環切換，由肩膀到臀部放鬆全身。

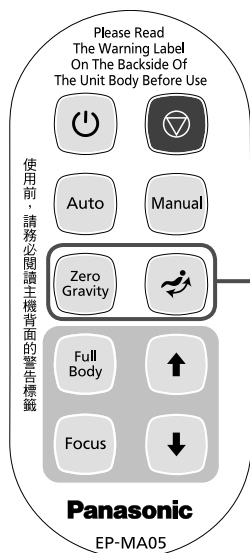
- 按摩模式 (一)：
紅色指示燈將亮起。主要是揉捏模式。
- 按摩模式 (二)：
藍色指示燈將亮起。主要是拍打模式。
- 按摩模式 (三)：
紫色指示燈將亮起。主要是揉捏和拍打模式。


Focus (定點) 按摩模式可以選擇需要按摩的部位，長

按 **↑** 或 **↓** 上下調整。


"Auto" (自動) 按摩模式 "Manual" (手動) 按摩模式

根據你最喜歡的動作設定



按下  (零重力) 按摩椅會自動傾斜到水平位置。

- 將身體傾斜到最佳角度進行"Zero Gravity" (零重力) 按摩，使全身受力平均，無明顯受力點。此時，身體其他部位可以得到更好的放鬆，這將有助於釋放壓力和疲勞，也可以達到更好的按摩效果。

按下  進入“勻速搖擺”模式。

- 通過自然放鬆的“勻速搖擺”按摩，身體得到充分的伸展，從而活動身體的各個部位。

音樂播放說明

按摩椅內置藍牙接收裝置，可與藍牙手機、平板電腦等設備連接播放音樂，讓您在盡情按摩的同時享受音樂。(TC21)

為確保藍牙連接的安全性，密碼應按以下方式輸入。

藍牙 ID：EP-MA05-XXXXXX

藍牙密碼：2105

完成按摩後

1 將腳從小腿按摩部分移出

為安全起見，請在使用小腿按摩部分後將其收好。

將小腿按摩部分收回

- 請確保收納部位無異物。

小心地將腳從小腿按摩部分移出

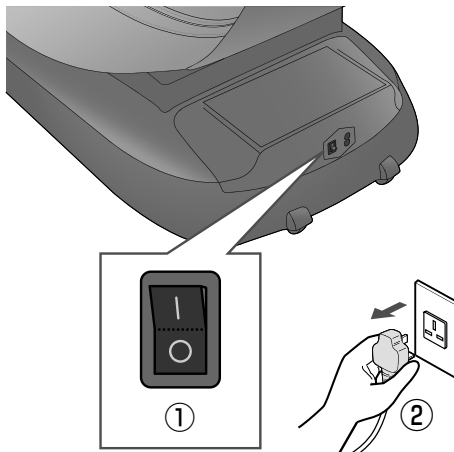
用手向內推到底



! 警告

- 切勿讓兒童使用。此外，請勿讓兒童在主機體上玩耍。請勿讓兒童爬到小腿按摩部分、椅座、靠背或扶手上。（否則可能會導致意外或受傷。）

2 關閉電源



- ① 將電源切換鈕按到「O」（關閉）位置
- ② 從電源插座上拔下電源插頭。

! 警告

- 每次按摩後，請將主機體背面的電源切換開關按到「O」（關閉）位置。（防止兒童誤用導致故障或受傷。）

定時功能

按摩開始後，大約 15 分鐘後會自動結束。

當你想中途結束按摩的時候

按 

- 按摩輪會返回收納位置，靠背會升高。

當感覺異常的時候

按 

- 立即停止所有操作。
- 離開主機體時要小心，以免墜落。

根據你最喜歡的動作設定完成按摩後

清潔和保養

- 切勿使用稀釋劑、汽油、酒精等化學品。



人造皮革/塑膠零件

正常保養

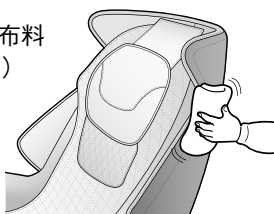
用柔軟的乾布擦去灰塵和污垢。

如果有污漬

- 1 將軟布浸入水中或是混合了3% - 5%中性廚房清潔劑溶液的溫水中，並擰乾。



- 2 擦拭表面。
(清潔並擦拭布料和人造皮革)



- 3 最後，用水沖洗抹布並擰乾，然後擦去所有清潔劑。



- 4 用柔軟的乾布擦拭。
- 5 自然晾乾。
(不要用烘乾機等快速烘乾)

如果不易清洗

請通過以下保養方式嘗試進行以上步驟。

<人造皮革>

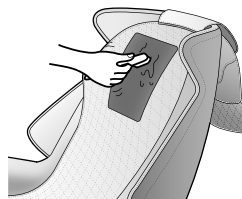
用市面上的“三聚氰胺泡沫海綿”和中性廚房清潔劑擦拭。

注意

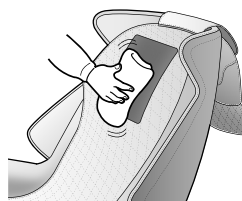
- 由於布料的顏色可能會印到座椅布料上，因此在用牛仔布或彩色布料擦拭按摩椅時要小心。
- 為避免人造皮革變色，在使用按摩椅進行美髮時，請墊上毛巾或其他墊子。

布料部分

- 1 將軟布浸入水中或是混合了3% - 5%中性廚房清潔劑溶液的溫水中，並擰乾。
- 2 用水或中性廚房清潔劑，將其刷在座椅布料特別髒的地方。
(切勿過度擦拭布料以免損壞。彈性布料不建議使用洗滌劑進行保養。保養範圍應限於人造皮革部分。)



- 3 最後，用水沖洗抹布並擰乾，然後擦去所有清潔劑。



- 4 自然晾乾。

注意

- 由於布料的顏色可能會印到座椅布料上，因此在用牛仔布或彩色布料擦拭按摩椅時要小心。

問答集 (Q&A)

Q 因病經常去醫院就診的人是否可以使用此產品？

A 這些人在使用產品前應該諮詢醫生。按摩屬於「觸壓刺激」，是透過對肌肉施壓以獲得舒緩的行為。根據不同病因，按摩可能使病情惡化，使用本產品前請諮詢主診醫生。

Q 多高的人適合使用此產品？

A 根據身形或高度不同，會有一些差異。請根據以下一般參考使用本產品。

- 身高超過 170 cm 的用戶使用頭部按摩時，頭部按摩部位可能接觸不足或無法按摩頭部，影響按摩效果。

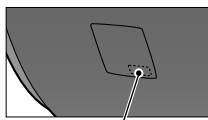
對於使用本產品時彎曲膝蓋的高個子用戶

請選擇以下方法 **A** 或方法 **B**。

- A** 放下靠背並降低小腿按摩部分的位置。
- B** 使用小腿按摩部分僅按摩上半身。

Q 我在哪裡可以看到產品的製造編號？

A 它位於主機體背面的規格標籤下方。



產品序列號

Q 有點擔心按摩椅運行的聲音

A 按摩椅運行時產生的聲音通常是由零件轉動時引起的。

Q 為什麼使用搖擺模式一段時間後會停止？

A 因為按摩模式設定為搖擺 3 分鐘，停 2 分鐘，因此搖擺後停一段時間是正常的。

Q 在按摩過程中，左右按摩輪的按摩力度不同，這正常嗎？

A 由於機芯構造的原因，在按摩過程中可以感覺到左右按摩輪的力度不同。在按摩椅的左右按摩輪上採用交替的拍打機制，與自然按摩相似，創造更自然的感覺。在按摩過程中，左右按摩輪與背部接觸的具體位置可能會略有不同，這可能會導致使用者感覺左右兩側的按摩力度不同，但並非故障。

Q 使用本產品時每月的耗電量是多少？

A 根據每日使用 30 分鐘（15 分鐘 × 2 次），本產品每月用電量約 1kW.h。

Q 移動時有什麼需要特別注意的嗎？

A 移動過程中注意以下事項。

- 為方便移動，將產品靠背傾斜至最低位置。搬運過程中切勿坐在產品上。關閉電源切換鈕並拔出電源插頭。
- 如果有原包裝箱，請確保電源線沒有纏繞在產品上，將其纏繞並放置在座椅表面上。搬運產品時，電源線不要脫落並與地面摩擦。
- 如無原包裝箱，應妥善保管及包好其他配件，以免搬運時劃傷和震動。

Q 如何連接和使用按摩椅的藍牙音頻？

A 打開按摩椅後，開啟手機藍牙裝置以搜索按摩椅型號 [EP-MA05-XXXXXX] 並將其連接，然後選擇音樂播放。

清潔和保養

問答集 (Q&A)

問題解決

發現故障後，首先檢查並嘗試以下方法。
如果嘗試後故障仍然存在，請聯繫Panasonic服務中心。

問題	原因和補救方法
按摩輪在使用過程中停止	<p>當按摩輪在使用過程中遇到過大的外力時，出於安全原因，按摩輪可能會停止移動。 請關閉電源切換鈕，等待 10 秒左右，然後再次開啟電源。</p> <p>▶ 如果按摩輪再次停止，請調整坐姿，令背部不會完全貼在靠背上。 (應注意相關的安全須知，尤其是體重在 100 kg 或以上的人使用時。)</p>
按摩輪沒有到達肩部或頸部	<p>▶ 如果按摩輪沒有到達肩部或頸部位置，則應調整控制器按鈕。具體操作說明見 TC17。</p>
左右按摩輪的高度(強度)不同	<p>▶ 採用交替敲打法，因此這是正常現象。主機體沒問題。</p>
主機體完全不運作 ● 上身(從頸部到腰部)按摩 ● 小腿按摩	<p>▶ <ul style="list-style-type: none">● 未連接電源線。● 未打開主機體電源切換鈕。● 按下控制器上的  按鈕後，未選擇按摩模式。</p>
按摩後，即使再次按  按鈕，也不能重新進入按摩模式。	<p>▶ <ul style="list-style-type: none">● 按摩結束後，需要約 5 秒鐘結束按摩模式。所有移動停止後至少等待 5 秒鐘，然後按 。</p>
主機體已損壞	<p>▶ 為防止事故發生，必要時請聯繫Panasonic服務中心。</p>
電源線或電源插頭異常發熱	<p>▶</p>

在意聲音或感覺時

使用過程中會出現以下運作聲音和感覺，但這是由於按摩椅的結構所致，並非異常。

- 按摩輪從“伸出”變為“縮回”時發出的聲音
- 按摩輪在運作中摩擦布料紋路時發出的聲音和感覺
- 摩擦聲、敲擊聲等
- 按摩輪移動時的摩擦聲
- 按摩輪上下移動時的運作聲
- 皮帶運轉聲
- 馬達聲
- 按摩輪從“擠壓”變為“拉伸”時的聲音
- 坐下時的聲音
- 靠背傾斜時扶手與頭枕之間的摩擦
- 按摩輪與布料的摩擦聲
- 空氣按摩運行時氣泵運作的聲音
- 空氣按摩運行時的排氣聲
- 空氣按摩運行時座椅下電磁閥運作聲音
- 小腿按摩部分搖擺
- 氣囊排氣聲
- 當靠背傾斜時，頭枕與後蓋上的皮革部件摩擦產生的聲音



當聲音變大時，可能代表存在障礙/故障。

- 此時，請聯繫Panasonic服務中心進行檢修。

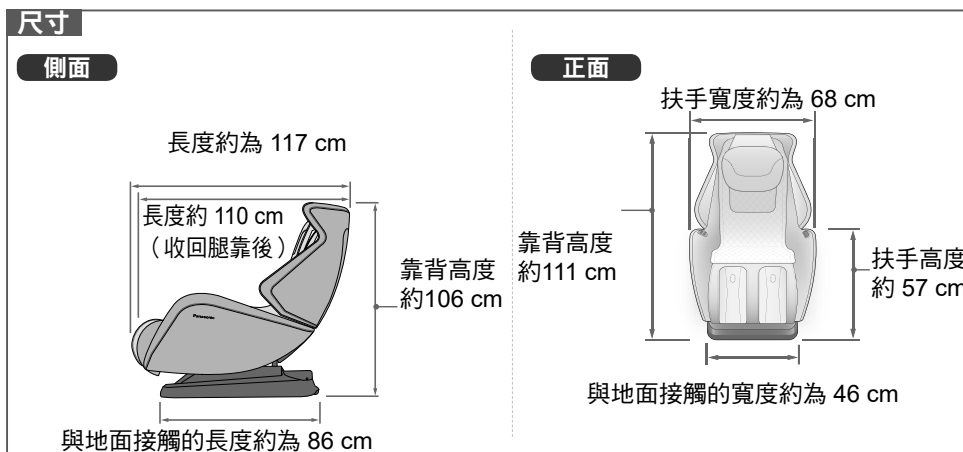
問題解決在意聲音或感覺時

規格

關於電源		220 V ~ 50 Hz
額定功率		70 W
按摩範圍	揉捏寬度	122 mm - 47 mm
	移動距離	86 cm
	按摩速度	揉捏寬度 $31 \pm 10\%$ 次/分鐘 拍打 $700 \pm 10\%$ 次/分鐘 移動距離： $3 \pm 10\%$ cm/秒
自動關閉		最多15分鐘後自動關閉
尺寸	不傾斜時（長×寬×高）	約 117 cm × 68 cm × 106 cm
	傾斜時（長×寬×高）	約 132 cm × 68 cm × 100 cm
重量		約 43 kg
包裝箱尺寸（深×寬×高）		約 146 cm × 76 cm × 96 cm
重量（含包裝箱）		約 53 kg
布料		人造皮革
藍牙版本		藍牙5.0

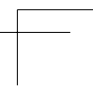
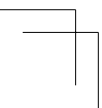
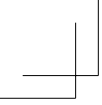
「以上藍牙文字標誌與標誌為Bluetooth SIG所有之註冊商標，松下電器產業株式會社經授權使用該標誌。其他商標與商標名稱均屬其個別所有人所擁有。」

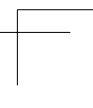
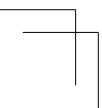
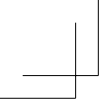
對於體重大於等於 100 kg 的人，產品操作可能會產生更多噪音，布罩可能會磨損更快。



TC24

MEMO





Panasonic Corporation
<http://www.panasonic.com>
© Panasonic Corporation 2021
No.1 EN, TC

Issued date: 2021-11-08
發行日期：2021-11-08
Printed in China
中國印刷
P9310MA05421
F1121-Y0